

Supply List for:

## TROPICAL QUILTS with an Asian Twist

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Design and construct an original wall hanging sparked by the colorful flora and fauna of Hawaii. Learn to draw and simplify flowers, fish and critters into shapes that look realistic, yet are easy to appliqué. Next, develop fabric selection skill that brings dimension and life to your designs, and last, compliment your piece with traditional or innovative sashiko and embroidery embellishment. Many facets of appliqué and embellishment will be covered: needle turn, paper piece, iron-over templar, curves, points and finishing techniques.

The focus of this workshop will be on design and hand techniques. However, if you want to machine appliqué or piece your quilt, bring a sewing machine.

### Material List

1. Optional: Sewing machine and extension cord
2. Small craft iron (Hobbico™) and small firm ironing mat
3. Rotary mat, ruler and cutter
4. Permanent marking pen, fine line mechanical pencil, and chalk pencils
5. Roll of tracing paper, notebook, sketch pad
6. Scotch Tape and fabric glue
7. Wax free white design transfer paper (My favorite: Loew-Cornell™ 18"x 36" sheets available at art and craft stores)  
If you have trouble finding it, I will have plenty to share.
8. White Sashiko thread or DMC #5
9. Small sashiko needles or any sharp needle with a big eye
10. DMC™ cotton Embroidery thread (bring a variety of colors)
11. Embroidery needles
12. #100 silk thread for appliqué (one light neutral color)
13. Appliqué needles
14. Flannel for a design board
15. Table top light

### Fabric:

1. -1 (one) yard or more Kona™ cotton, indigo or other dark color for Sashiko
2. -1 (one) yard or more light Kona™, pale cream, and yellow for embroidered flowers
3. A large variety of batiks and other cotton fabrics for appliqué.
4. If you want to make a pieced quilt, bring your stash of Japanese or Hawaiian fabrics and secondary coordinating smaller prints, solids and geometrics

### Reference:

Copies of: *Asian Elegance Quilting with Japanese Fabrics and More* by Kitty and Sylvia Pippen; and  
*Quilting with Japanese Fabrics* by Kitty Pippen

Pictures of tropical flowers, fauna or Japanese designs.

For inspiration, I will have lots of reference books on Sashiko, flowers, Tahitian & Hawaiian quilts, and Japanese designs.

I will provide Duralar, a Mylar template material for iron-over appliqué and full sized patterns of my designs.

You are encouraged to design and make your own one-of-a-kind quilt, but are welcome to use any of my patterns.